



SARA MARTIN

DIGITAL DISCIPLESHIP



Episode Four: The Means of Grace

Hi, my name is Sara Martin. I am Wesley United Methodist Church's young adult ministry resident and digital discipleship/online engagement pastor. Welcome to our first series of Methodist Minutes videos, where we will learn about the polity, history, and doctrine of the United Methodist Church together.

Salvation includes both the renewal of individuals and the world. It is for this reason that we engage in both individual and corporate acts of works of piety, mercy, and justice. The means of grace are that we encounter, experience, and extend the grace of God.

Works of piety can include study, corporate worship, prayer, accountability groups, and fasting.

Works of mercy can include caring for the poor, feeding the hungry, visiting those in prison, giving to those in need, seeking justice, and ending oppression.

Practicing the spiritual discipline or works of piety allows us to develop a mature understanding of the Christian Faith and grow in our relationship with God. Living God of our faith helps us to grow and mature in the grace of God that our lives are inwardly and outwardly changed. The goal is not heaven but having the mind of Christ or achieving the state of Christian perfection.