



**SARA MARTIN**

**DIGITAL DISCIPLESHIP**



### *Episode Two: Grace*

Hi, my name is Sara Martin. I am Wesley United Methodist Church's young adult ministry resident and digital discipleship/online engagement pastor. Welcome to our first series of Methodist Minutes videos, where we will learn about the polity, history, and doctrine of the United Methodist Church together.

Our soteriological understanding or the theology concerning how we understand salvation begins with an understanding that God is the primary actor, not our actions or works. Before we are even aware, God extends an unconditional gift of grace through a universal invitation to know God. This is known as prevenient grace. No human action or awareness precedes God's initial action. We seek to know God further through a growing awareness of our sinful nature and need for grace.

We are invited to respond to God's invitation and work in our lives by living out our faith. (Justifying Grace) We are made right with God and our neighbor through sincere repentance. With God's help, we mature through grace. In modeling our lives after Jesus, we are learning to perfect our love for others and cultivate tempers that reflect the mind of Christ. The goal of sanctification is the holistic healing and restoration of creation to holiness. We become people who are restored and regenerated by the grace of God, evident in the inward and outward ways we are changed.